



TeachEngineering

STEM Curriculum for K-12

Protective Fashion!: Beach Edition



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Phenomenon

What fabric provides the best (and coolest) ultraviolet (UV) radiation protection from the sun?

Learning Objectives

1. Describe what UV radiation is.
2. Understand the impacts of UV radiation on the human skin.
3. Observe differences in skin reactivity to different fabrics.
4. Design clothing that protects human skin from UV radiation.

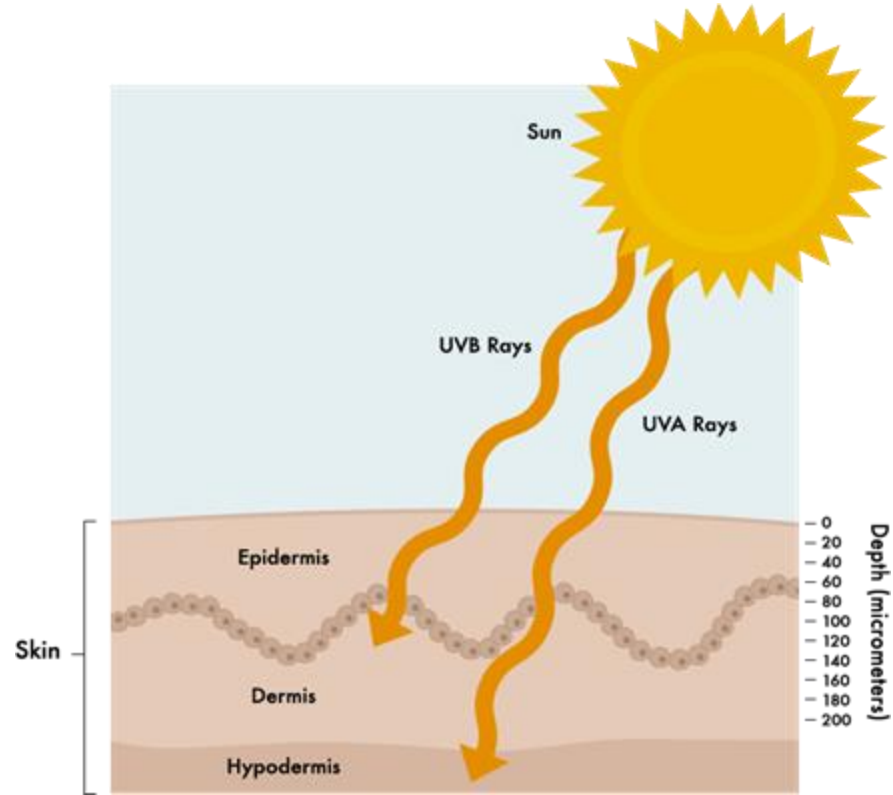


Lesson Launch & Discussion

Let's watch the video "[Sun and Skin](#)," and then answer the following question on your sticky note:

Besides wearing sunscreen, how can people take preventive measures against skin cancer at the beach?

Paste your sticky note on the whiteboard.



UV Radiation and Skin Cancer

Procedure: Design Sun-Safe Outfits!

Question 1: How does UV light interact with skin without protective clothing?

Experiment 1: Control Group

Question 2: Does the amount of sun protection change with different clothing fabrics?

Experiment 2: Unbleached cotton fabric

Experiment 3: White satin/silk fabric

Experiment 4: Denim fabric

Experiment 5: Corduroy fabric



Design the nicest, safest beach outfit!

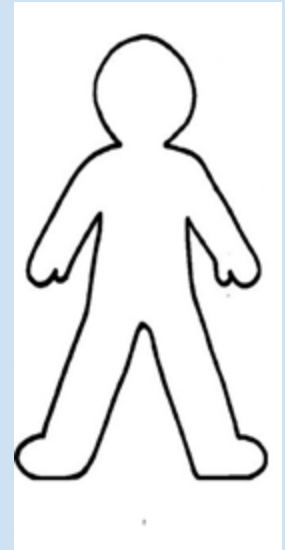
After completing the control experiment, your group will follow the procedure in your handout to test different fabrics. Be sure to write down your observations and measurements.

Group Roles (can be rotated)

1. Role 1: Draw a large person-shape on the sun-sensitive paper.
2. Role 2: Design the outfit (cut the fabrics).
3. Role 3: Weigh the fabrics at the scale/keep time.
4. Role 4: Shine the UV flashlight on the person-shape for the allotted time.
5. Everyone: Record metrics and observations agreed upon by group.

Materials

- 1 large box
- 7 sheets photoluminescent paper
- unbleached cotton fabric
- white satin/silk fabric
- denim fabric
- corduroy fabric
- scissor
- UV flashlight
- ruler
- dark marker or sharpie
- timer



Post-Procedure Analysis: Which fabric works best?

Experiment 1: Control Group

Describe the penetration of UV light from the unclothed side of the paper cut-out.

Experiments 2-5

Describe the penetration of UV light versus the control penetration of UV light.

1. Which fabric type would be the coolest fabric to wear to the beach?
2. Which fabric type would be the best at protecting from UV radiation?
3. Which fabric type would be the coolest and best UV radiation protection?

